



Chicken and Vegetable Stir Fry

Ingredients

- 0.25 kg Chicken Thigh
- 1 sachet MAGGI® Magic Sarap® 8g
- 0.25 cup All Purpose Flour
- 1 cup Vegetable Oil
- 2 cloves Garlic
- 1 pc Onion
- 1 cup Water
- 2 tbsp MAGGI® Oyster Sauce
- 1 tbsp Cornstarch
- 0.5 cup Carrot
- 0.5 cup Snow Peas
- 0.5 cup Young Corn
- 1 cup Cabbage

Instruction

1. Season chicken with $\frac{1}{2}$ sachet of MAGGI® Magic Sarap®, coat with flour and fry until golden brown. Remove and set aside.
2. Remove oil from the wok leaving 2 tbsp. Sauté garlic and onion. Pour water and season with remaining sachet of MAGGI® Magic Sarap® and MAGGI® Oyster Sauce. Simmer and stir in cornstarch and water mixture to thicken the sauce.
3. Add carrots, snow peas, young corn and cabbage. Transfer into a serving plate and serve.

Nutrition

Carbohydrates	22.23 g
Energy	515.27 kcal
Fats	43.78 g
Protein	9.75 g

40 Minutes

6 Servings