



Paksiw na Boneless Bangus

Ingredients

- 0.75 kg Bangus
- 1 sachet MAGGI® Magic Sarap® 8g
- 2 tbsp Vegetable Oil
- 2 cloves Garlic
- 1 tbsp Ginger
- 2 pcs Finger Chili
- 0.5 cup White Vinegar
- 1 tsp Peppercorn
- 1 cup Water

Instruction

1. Season bangus with MAGGI® Magic Sarap®.
2. Sauté garlic , ginger and finger chili in oil. Add bangus, vinegar and peppercorn. Simmer for 2 minutes.
3. Add water and simmer for another 15mins. Transfer on a serving plate and serve

Nutrition

Carbohydrates	5.05 g
Energy	359.77 kcal
Fats	19.57 g
Protein	39.19 g

40 Minutes

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