



Chicken Pochero

Ingredients

- 0.25 cup Cooking Oil
- 1 pc Kamote
- 2 pcs Saba Banana
- 4 pcs Toasted Garlic
- 1 pc Onion
- 0.5 kg Chicken
- 2 cubes MAGGI® Magic Chicken™ □ Cube
- 1 cup Tomato Sauce
- 3 cups Water
- 1 pc Bay Leaf
- 1 tbsp Brown Sugar
- 0.5 cup Chickpeas
- 0.25 head Cabbage

Instruction

1. Sauté kamote and saging na saba in oil until golden brown. Remove and set aside.
2. Sauté garlic and onion in the same pan. Add chicken and 1pc MAGGI® Magic Chicken Cube. Cook for 2mins.
3. Pour tomato sauce and water. Add bay leaf, sugar, garbanzos, sautéed kamote and remaining 1pc of MAGGI® Magic Chicken Cube. Simmer for 15mins.
4. Add cabbage and sautéed saging na saba. Simmer for another 2mins. Transfer into a serving bowl and serve.

Nutrition

Carbohydrates	67.03 g
Energy	496.48 kcal
Fats	18.15 g
Protein	17.87 g

45 Minutes

8 servings